



Arlington Council on Aging

Agenda

Date: Thursday April 27, 2023 Time: 6:00 pm

Location: This meeting will be conducted in a hybrid format. Attendees can attend in person at the Arlington Community Center or virtually via zoom. These meetings are open to the public and all are welcome. Please call 781-316-3401 or e-mail KShah@town.arlington.ma.us for the link to join the meeting which can be accessed by computer with internet access or by telephone for audio access only.

Kristine Shah, Executive Director

Michael Quinn, Chair

Sheila Connerney, Secretary

The Council's primary responsibilities are to design, promote, and implement programs and services to address the needs of the community's elder population, and to coordinate existing services in the community.

1. Call to order
2. Citizen's Open Forum
3. Minutes of the March 2023 meeting for approval
4. Executive Director's Report
6. Report of the Chair
7. Letters of Interest for ACPAC
8. Minuteman Senior Services Report
10. Old Business
11. New Business
12. Other Community Announcements
13. Adjourn - **Next meeting: May 18, 2023**

Executive Director's Report: Kristine Shah

- I. COA Programs & Services Update
 - a. Coming up: CPR Refresher Class & Certification Class, Life Binder Talk, 3 cooking classes per month, Older American's Luncheon May 18, Summer Tea June 15. Arlington 250 Meeting, Walking Club returns in May, Summer Jazz Concert and Ice Cream Social, Osteoporosis seminar, True Story Theater Event, Partnership events/classes with Robbins Library & Arlington Center for the Arts
 - b. Media in 2023 Event: YourArlington.com and ACMI
 - c. Local Partnerships: BrightView sponsoring costs of Café & Drop in room coffee supplies, Sunrise providing weekly Bingo Treats, Park Ave providing monthly Bingo gift card prize/gift baskets
 - d. Recent projects thanks to COA Board members: AARP Tax Program, Rotary Club Spring Clean-up, Men's Group, Sand Bucket Deliveries
 - e. Minuteman Senior Services partnership: Provided 5 interested residents to be screened for MMSS Board open position, adding Mondays to Congregate Lunch schedule starting in May
- II. Financial Assistance Funds
 - a. Sevoyan Personal Needs Fund is depleted for the year.
 1. Requests being fulfilled using Sussman Fund, Widows Fund and New Emergency Assistance Fund until Sevoyan can be replenished in September.
 - b. Heating related assistance requests being fulfilled through Heating Assistance Fund (after applying for Fuel assistance)
 - c. New Water Bill Assistance Program through CTI for Fuel Assistance Approved Households
- III. Age & Dementia Friendly Initiatives
 - a. Senior Parking Permits
 - b. Older Adult Homelessness Prevention
 - c. Advocacy for "Formula Grant" (\$14 per older adult in Governor's Budget)
- IV. Other
 - a. COA Staff Highlight
 - b. ASA Dissolution, letter from Board
 - c. Volunteer Appreciation Luncheon May 4 at 12pm
 - d. COA Board Member Training Opportunity May 9 at 1:30pm in Lexington